|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 30 Sept <br> (Week 1) | Salmon Fishcakes <br> Peas <br> Chips/Mashed Potato <br> Flakemeal Biscuit/Fruit Milkshake | Beef Bolognaise Pasta/Mashed Potato Sweetcorn <br> Jam Sponge Custard \& Fruit | Oven Baked Pork Sausages Baked Beans Mashed Potato <br> Rice Pudding <br> Mandarins | Roast Chicken <br> Carrots <br> Gravy <br> Mashed Potato <br> Jelly \& Fruit | Vegetable Soup Beef Burger in Bap <br> Frozen Yoghurt Fresh Fruit |
| 7 Oct <br> (Week 2) | Fish Fingers <br> Peas <br> Chips/Mashed Potato <br> Fruit Salad <br> Custard | Irish Stew Carrots <br> Fruit Muffin Milkshake | Mild Chicken Curry <br> Boiled Rice <br> Peas <br> Mashed Potato <br> Chocolate Sponge Custard | Savoury Beef Mince Mashed Potato Diced Carrots <br> Flakemeal Biscuit Milkshake | Gammon <br> Cabbage <br> Mashed Potato <br> Gravy <br> Yoghurt |
| 14 Oct <br> (Week 3) | Fish Fingers <br> Baked Beans <br> Chips/Mashed Potato <br> Arctic Roll <br> Fruit | Beef Bolognaise <br> Pasta <br> Mashed Potato <br> Rice Pudding <br> Mandarins | Roast Chicken <br> Broccoli Gravy Mashed Potato <br> Jelly \& Fruit | Roast Pork Carrot \& Parsnip <br> Mashed Potato <br> Jam Sponge Custard | Lentil Soup <br> Hotdog <br> Salad <br> Chocolate Mousse Fruit |
| 21 Oct <br> (Week 4) | Beef Burger Baked Beans Mashed Potato <br> Date Fudge Custard | Beef Bolognaise <br> Peas <br> Mashed Potato <br> Jam Sponge <br> Custard | Cod Fish Fingers <br> Sweetcorn <br> Mashed Potato <br> Flakemeal Biscuit/Fruit Milkshake | Roast Turkey Stuffing Mashed Potato Broccoli, Gravy <br> Ice Cream Fruit | Chicken Nuggets <br> Baked Beans <br> Chips <br> Yoghurt <br> Fresh Fruit |

If you require any additional information on allergies or special diets, please contact the school office in the first instance.

