

November

Nursery Newsletter

Overview

Welcome to November's Nursery Newsletter. This month we will be exploring Colours, Emotions and Hibernation. We are looking forward to discussing our feelings, sharing what makes us happy and finding out ways to look after our mental health. Anti-bullying Week begins on Monday 13th of November and we have lots of lovely activities planned for the children.



Aims

This month we will be encouraging the children to be able to do the following:

- Talk about their feelings and discuss what makes them happy/ sad/ excited etc.
- Continue to form relationships with staff and their peers
- Become more independent at snack time by choosing what to eat and pouring drinks
- Tidy up an activity once they have finished playing with it
- Mark make to convey ideas



Happy



Sad

Reminders

Labels

Please ensure that you have clearly labelled all of your child's belongings including hats and scarves. Please check your child's spare clothes bag in the cloakroom and bring in any items that are missing. Also please return any items of Nursery clothing that has been borrowed.

Odd Socks Day

Monday 13th November for Anti-bullying Week

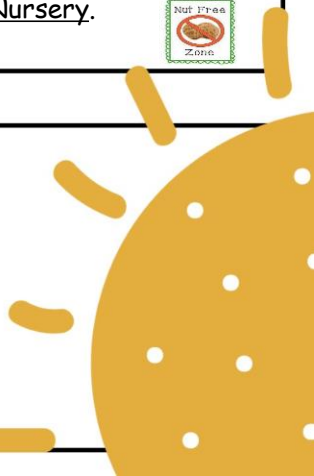
Nuts

Our Nursery is a nut free zone. We have a number of children with allergies. Please do not send any food in to Nursery.



Visitors

We are continuing our weekly Moo Music sessions with Olivia and we are excited to begin our first session with Jo Jingles. Luke will continue with our Sportstopia sessions every Friday in the big hall. Joe from The Gathering Drum will also be paying us a visit and we cannot wait!

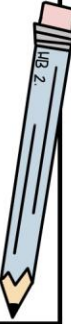


Areas of Learning

The Arts

We will be encouraging the children to:

- Make marks and impressions with fingers and tools in sand and mud
- Clap, march and perform actions to the beat of the music



Early Mathematical Experiences

We will be encouraging the children to:

- Show an interest in numbers in the environment
- Sort a range of coloured objects by colour and size
- Become more confident when using shape names and recognise shapes in their surroundings
- Play 'I Spy' with colours and shapes



Language Development

We will be encouraging the children to:

- Engage in conversations with others
- Discuss different emotions and tell their friends how they feel
- Develop their listening skills
- Enjoy being read to



Personal, Social and Emotional Development

We will be encouraging the children to:

- Express their own feelings
- Begin to persevere with tasks

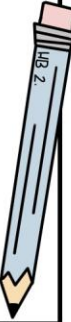


Areas of Learning

Physical Development and Movement

We will be encouraging the children to:

- Take part in a yoga session
- Develop their fine motor skills by mixing two colours of dough to make a new colour



The World Around Us

We will be encouraging the children to:

- Explore natural materials and different coloured objects on a lightbox
- Carry out colour experiments such as adding skittles to water
- Show an awareness of different weather conditions



Outdoor Learning Activities (including Forest School)

We will be encouraging the children to:

- Create something using the loose parts
- Go on a colour hunt
- Build a den



Learning Through Digital Play

We will be encouraging the children to:

- Complete challenges on the iPads
- Complete a puzzle on the Interactive Whiteboard

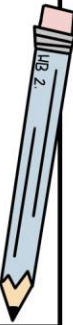


Songs and Rhymes

Elmer

Tune: There was a Farmer who had a dog

There was a patchwork elephant
And Elmer was his name, oh
Pink, green, yellow, blue
Black, red, purple too
White and brown and orange too
And Elmer was his name, oh!



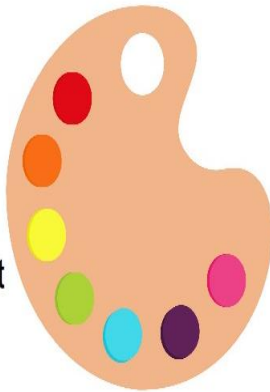
The Colour Song

Tune: If You're Happy and You Know It

If your clothes have any red, any red,
If your clothes have any red, any red,
If your clothes have any red, put your finger on your head,
If your clothes have any red, any red.

Additional Verses:

Blue- finger on your shoe
Yellow- smile like a happy fellow
Brown- turn your smile into a frown
Black- put your hands behind your back
White- stomp your feet with all your might



You Are My Sunshine

*You are my sunshine,
My only sunshine.
You make me happy,
When skies are grey.
You'll never know dear,
How much I love you,
Please don't take my sunshine away.*



Cosmic Kids Yoga

https://www.youtube.com/watch?v=K7FUbTac_ds



Hello Body



Hello body, how are you?

"I'm feeling yuck, what should I do?"

Breathe in slowly, 1, 2, 3.

Breathe in deeply, just like me.

Hold it, hold it, now let it go.

Let the breath go, nice and slow.

Hello body, how are you?

"I'm feeling scared, what should I do?"

Breathe in slowly, 1, 2, 3.

Breathe in deeply, just like me.

Hold it, hold it, now let it go.

Let the breath go, nice and slow.



Hello body, how are you?

"I'm feeling mad, what should I do?"

Breathe in slowly, 1, 2, 3.

Breathe in deeply, just like me.

Hold it, hold it, now let it go.

Let the breath go, nice and slow.

Hello body, how are you?

"I'm feeling safe now, thanks to you!"

When my feelings get too strong,

Breathe in, breathe out, breathe deep, breathe long.

Before too long, as you will see,

I will calm down again, clever me!